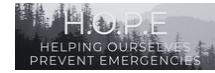




PRINCE OF WALES Health Network

IMPACT REPORT 2025
SUMMARY OF OUTCOMES AND SUCCESS



COMMITTED TO THE FUTURE HEALTH OF OUR ISLAND COMMUNITY



Celebrating the Prince of Wales Health Network for 16 years of improving collaboration, initiatives and outreach on the island! Join us with a look back, and the exciting opportunities that lay ahead.

Mission

We promote the health and well-being of people across Prince of Wales Island by facilitating collaboration between healthcare partners and island communities.

Goals

- The Health Network’s organizational structure is efficient and effective.
- The Health Network promotes a robust island-wide health and safety infrastructure.
- The Health Network optimally utilizes stakeholder and partner resources.
- The Health Network is supported by diverse and sustainable resources.

Highlights

The Prince of Wales Health Network was founded in 2008 as a collaborative effort to improve healthcare on the island. Over the years in collaboration with agencies, and communities that helped to effect positive changes on the island, including increasing services for and helping with veterans’ enrollment; behavioral health services, youth mentorship programs, reducing childhood obesity; increasing emergency medical services (EMS) education and free vaccinations; expanding telehealth opportunities; and organizing numerous wellness events and activities, and increasing access to prevention activities, and building resiliency in youth.

PeaceHealth, SEARHC, Southeast Island School District, and H.O.P.E have been the fiscal agents. In 2021, the Prince of Wales Health Network became it's own 501-C with a Board of Directors, and Steering Committee.

Most recently the four year Rural Communities Opioid Response-Implementation provided by the Health Resources and Services Administration (HRSA) gave opportunities to assess, implement, and provide support groups, education, and outreach across the island. Additionally, The Prince of Wales received a Alaska Behavioral Health Association’s Statewide Opioid Settlement Grant. We look forward to 2025 with new prevention opportunities, wellness events, and training opportunities.

Accomplishments

Below are just a few examples of our accomplishments from 2008-2025:

- A 13% reduction in students’ screen time to fewer than 2 hours per day in 2016 with 50% of all youth in the school system participating in Get Out and Play for 60 minutes every day.
- Girls on the Run & Wellness Walks on island
- Swim classes and wilderness safety
- Community gardens and HeadStart playground renovations
- EMS training in 6 pilot communities and new technology to help participants achieve required trainings
- Health and Wellness Guides
- Women's Wellness Group
- Improvement in vaccination rates by 10% to 65% island wide
- Youth Mentorship program
- SART, First Aide Trainings, Green Dot, and Suicide Prevention Workshops
- Polystance Misuse and Opioid assessments, education and workshops across island

SNEAK PEAK TO EVENTS IN 2025

February - Join SEARHC for the Heart Run February 15th WEAR RED to show your support for American Heart Month!

April - Peacehealth, Public Health, and Community Connections 15th Anniversary of being in the joint building in Craig

May - First Aide & Behavioral Health Trainings

June - Prince of Wales Health and Wellness Expo

July - Get out and Play this Summer & Community Garden Gatherings

August - Prince of Wales Health Network Anniversary & Volunteer Celebration



Message from
Kelsey Evans President of Board of Directors

As President it is my honor to share with you these highlights. The Prince of Wales Health Network has been bringing together various agencies to collaborate on various wellness, educational and health care-related projects for 16 years.

Veterans

CONGRATULATIONS TO JAN TROJAN FOR BEING SELECTED AS VETERAN'S ENROLLMENT OFFICER IN 2024

Jan volunteered to start the Veterans Outreach and Enrollment Center on Prince of Wales. Hundreds of Veterans have been served by her amazing support. Enrollment can be completed M-F from 8 a.m. to 2 p.m. weekly at the Veterans office. Stop by for hot coffee, food, and good times. Thank you, Jan Trojan, for your service!



Highlights

- Thanks to the Alaska Mental Health Trust Authority for letting us be a partnering agency to provide the \$2,500 grants to applicants for a broad range of equipment, supplies, and services to improve quality of life, increase independent functioning, dental services not covered by Medicaid, and help to attain and maintain healthy productive lifestyles for Trust beneficiaries.
- The Prince of Wales Health Network is wrapping up a four-year federal grant from the Health Resources and Services Administration Office of Rural Health Policy (HRSA), and starting a Settlement Grant from the State of Alaska. HRSA implementation grant aimed to strengthen and expand substance use disorder (SUD), including opioid use disorder (OUD) prevention, treatment, and recovery services in rural areas.

Recent Projects

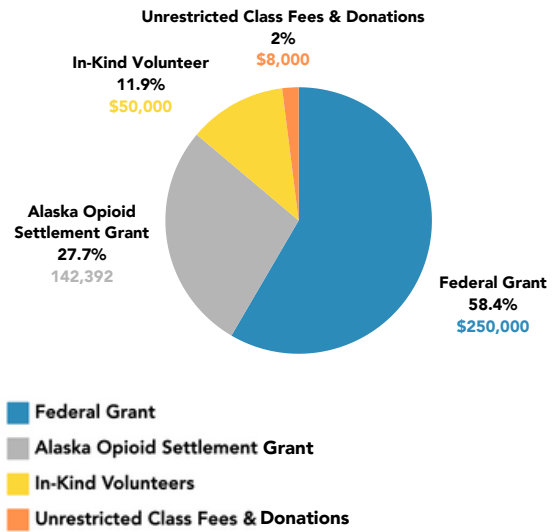
- The Prince of Wales Health Network was pleased to open a spacious office and conference center at the 333 Cold Storage Road Craig. The space is perfectly suited for small events, parenting groups, painting art, music, first aide, and recovery meetings. It offers a sense of safety and tranquility to visitors. Call the Network office to reserve the space.
- The Prince of Wales Health Network host three Alcoholics Anonymous (AA) meetings weekly and several Smart Recovery meetings both at our office and once a week at Craig Jail. This recovery program has proven effective for both the individuals who visit our office and those who are incarcerated. Additionally, we offer a dedicated friends and family version of the recovery program.
- For the first time in 40 years, the Southeast Region EMS council (SEREMS) annual symposium was hosted in Craig.
- The event featured a wide range of accredited Continuing Education (CE) and Continuing Medical Education (CME) courses for doctors, nurses, and medical personnel. Highlights included a mental health first aid course and de-escalation class designed to help medical personnel manage emotionally charged situations effectively. The Prince of Wales Network was pleased to be part of this symposium.
- The POW Health Network embarked in a 1.5-year project, with guidance from 911.gov, to develop the necessary island-wide infrastructure. Emergency responses to overdoses depend critically on the 911 system to properly deploy lifesaving assistance. As a result, we now have the information and tools required to make things better for all communities.

Free Program

Join Forest Anderson on Thursdays at 7PM, or Sunday's at Noon for Successful Life Skills! It's an opportunity to reboot, and rethink ways you can improve your daily lives. It's Free! Contact Forest Anderson to sign in at 907-401-0769 . The Foundation of this group is built on the SMART Recovery "Successful Life Skills" program.



Prince of Wales Health Network Income



Connect with us



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Discover the latest additions on our website!
www.powhealth.org



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POW Health Network



Heidi Young Board Treasurer, "The Sky's the limit! Be inspired by the potential, and opportunities we have when we all work together. We are excited about the potential to work on more initiatives, and programs across the island in 2025."